



DOLLARS & SCENTS - After getting a brief introduction to hydroponics and plant propagation, Middle Lansing students selected flowers and hanging baskets produced at Cornell's Greenhouses for the Middle School Plant Sale. Pictured (l-to-r) are Kara Maul, Nick Skvarla, Grace Linderberry, Bruce O'Hara, Pamela Markham, Barbara Stewart and Jason Randall.

CU Helps Middle School Plant Sale

On May 7, Lansing Middle School Home and Careers teacher Pamela Markham and assistant Jo Anne Skvarla took the "Lansing Futures" and "Secret Gardeners" to Cornell University's horticultural greenhouses to choose flowers for the annual Mother's Day sale, held May 8 and 9 for Middle School students and faculty. The flowers were the by-products of research in floral crop production.

Upon their arrival at the campus greenhouses, the teachers and students received a quick tour of the facility led by horticultural employee Barbara Stewart. Students had a

chance to observe greenhouses, propagation rooms and a hydroponic area before making their selections of assorted plants ranging from primroses to hanging baskets.

With their trophies loaded aboard a Lansing school bus, our youngsters headed back to the Home and Careers room at the Middle School to be set up for the sales the following two days.

The quality and reasonable prices yielded a huge success for the futures and almost everyone went home with flowers at the end of the day.

Fitness Month At Lansing Elementary

By Steve Buchanan and Lisa LiVigne.

May is National Physical Fitness and Sport Month. In honor of this special month, the Physical Education Department at the Elementary School hosted two events to help promote physical activity for all the students.

On May 8, the entire school gathered on the football field to participate in **Project ACES**. ACES stands for **All Children Exercising Simultaneously**. It is a program that was originated by a New Jersey PE teacher and has grown to include children from all over the world. Lansing elementary students have participated in this event since 1992.

Students and teachers warmed up and stretched out on the football field and then spent some time walking and/or jogging on the track, all accompanied by music from the press box. The entire event lasted 15 minutes and gave everyone a boost to continue the day.

The other event in May was **Physical Education Night** on May 14. The evening was designed to give parents a first hand look at some of the activities in the elementary physical education curriculum. A series of eighteen stations were set up in the school and around the school's campus. Stations varied from hockey, soccer and football ac-

tivities to an obstacle course and several fitness stations.

Many faculty and high school and middle school students volunteered their time to supervise and encourage the children at each of the stations. Nearly 100 children and their parents came out to enjoy the fun. Thanks to everyone, especially the volunteers, for making this evening a terrific event!

Volunteers for Physical Education included:

Faculty and Administration: Alisa Boan, Carolyn Cook, Helen-Marie Cooil, Ms. Shari Dempsey, Diane Hicks-Hughes, Lisa Peter, Gail Hughes, Aleza Handleman, Mrs. Andrea Price, Margaret Solomon and Hallie Snow.

High School students: Tammy Button, Robin Eastman, Angie Sill, Steve Cowles, Mike Norman, Tab Hughes, Jacob Linderberry, Willie Woods, Libby Bishop, Tina Ellis, Adam Garrett, Billy Reamer, Kyle Putman, Carolyn Childers and Sara Willard.

Middle School students: Josh Walsh, Tony Rick, Greg LiVigne, Tim Morrell, Loralee Howell and Sabrina Jones.



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