



LUDLOWVILLE HIGH SCHOOL - "Sith Neither The Exterior Nor the Inward Resembles What It Was." Claudius in Hamlet, Shakespeare.

Lansing Recreation Dept Kicks Off Older Youth and Adult Karate Class

When the South Lansing Grange Hall was constructed many years ago, it's unlikely that any of the participating Patrons of Husbandry could have imagined Okinawan Isshin-Tyu Karate classes being held within their quarters.

Starting March 20, however, up to 20 Lansing older students and adults will be getting instruction in the history, basic punches, kicks, blocks and the first form (or "kata") of the style.

The 10-week program is offered by the Lansing recreation Dept and will be instructed by Lansing resident Jerry Zweigenbaum. Zweigenbaum holds a second degree black belt and has competed nationally in the Amateur Athletic Union (AAU).

Classes will be conducted on Thursday evenings beginning March 20 at the Community Center (the former Grange Hall) at 29 Auburn Road. Students must be at least 10 years old. A maximum of 20 registrants will be accepted on a first-come, first-served basis. The fee is \$30.

Registration forms are available at the Town Hall, or call 533-7388 for further information.

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CROSSROADS

Every Wednesday!

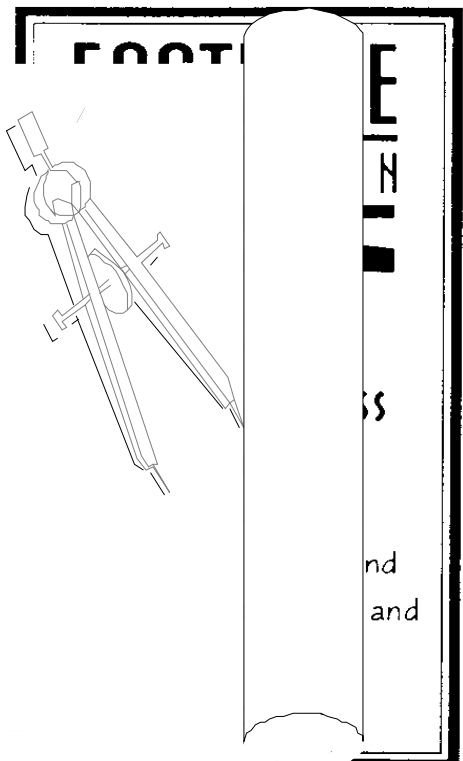
**Large Pizza
+ Pitcher of Beer
\$10.00**

**FREE Pizza Delivery To Lansing!!
533-7628**

Genoa Holds Bonnie Mather Memorial Meal

The annual Bonnie Mather Memorial fund Spaghetti Dinner will be held this Saturday night, February 22, from 5:00 pm at the Genoa Hotel.

In the past the fund has made contributions to the Hazard Library, the Powers Library & Latch Key Program, the Moravia and Southern Cayuga Central School libraries, youth soccer at the two schools and provided student scholarships to area high



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11 Brooks Hill Road Lansing, NY 14882
533-4739

Community Calendar

Thursday, February 20

Adult Open Hockey, 6-8:00am
Open Skate at The RINK 10am-noon and 2:30-5:00pm
Modified Boys Swim vs. Southern Cayuga at the High School pool a 4:30 pm

Friday, February 21

Adult Hockey Skate & Shoot, 12:45-2:45pm
Youth Hockey Skate & Shoot, 3-5:00pm
Open Skate at The RINK 10:30am-12:30pm and 7:00-10:00pm

Saturday, February 22

Indoor Track Invitationals at Cortland State at 9:00 am
Engineering Day at Pyramid Mall from 10:00 am - 5:00 pm
Kindermusik: Open House at 579 Warren Road at 10:30 am
Winter Explorations at Cayuga Nature Center 1-4:00 pm (Registration: 273-6260)
Lansing Food Pantry (canned goods) at Lansing United Methodist Church from 2:00-4:00 pm
Open Skate at The RINK 2:15- 4:15 pm and 8-10pm
Bonnie Mather Memorial Fund Spaghetti dinner at Genoa Hotel from 5:00 pm 'til ???

Sunday, February 23

Open Skate at The RINK 2:15-4:15pm
Peanut Butter & Jelly musical puppet show to benefit the Ithaca Montessori School at the BOCES' Smith Gym, 555 Warren Rd. Kids 2-12 \$2, Adults \$4, Families \$10 at 3:00 pm
Family Life Brass inspirational instrumental group at Grace Baptist Church at 6:30 pm. Free will offering.

Monday, February 24

Cayuga County 4-H Tractor Safety Program (Register: 315-255-1183)
BLOOD DRIVE at Pyramid Mall from 10:00am to 3:00 pm. Call 1-800-272-4543 for info.
Yoga/Relaxation Class for Seniors at Woodsedge, 11:30 am - 12:00 noon
Boys Modified Swim at Odessa Montour at 4:30 pm
Girls Modified Basketball vs. Marathon at home at 4:30 pm
Ithaca-Cortland Cosmetology Assoc. at BOCES at 6:30 pm
OPEN SWIM at Lansing High School pool, 6:30-8:30 pm

Tuesday, February 25

Cayuga Heights Shared Decision Making Team meets at Cheryl Barbasch's home at 401 Highgate Road at 6:30 pm

Wednesday, February 26

Village of Lansing Recycling Day
Boys Modified Swim vs. TAE at home at 4:30 pm
Girls Modified Basketball at Union Springs at 4:30 pm
High School Honors Dinner
OPEN SWIM at Lansing High School pool, 6:30-8:30 pm
Lansing Democrats meet at Woodsedge at 7:30 pm

NIGHTLY EXERCISE - Walk the halls at Lansing Middle School from 6:30-8:30 pm each night that school is in session.

Send your organization's events listings to the Lansing Community News
204 Wilson Road, Lansing, NY 14882-9065

The community calendar is sponsored this year by

SMITH BARNEY
Member SPIC

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607-273-1190
800-633-6336

Accessible Health Care.

We offer several radiology services at two convenient sites. Both magnetic resonance imaging (MRI) and X-ray are available at the main facility of Cayuga Medical Center as well as its satellite Convenient Care Center. Both mammography and ultrasound are offered at the radiology department in the medical center and its Women's Imaging Center suite in the Medical Office Building East (adjacent to the Convenient Care Center on Warren Road at Route 13). In addition to these double-location services, we offer a full range of advanced radiologic services at the medical center.

Expanding community access to health care.



Cayuga
Medical Center
at Ithaca