

# On The Homefront

Each week a different business-person, artisan or professional who lives or works in Lansing will share some aspect about his or her occupation that may be useful to Lansing residents. Interested in sharing your skills? Call us at 533-7963.

## An Easy Culinary Treat

By Stephen Ast

Well, here we are, midwinter, and I was asked to write of the bounties of our community. Spring is just ahead, and with it a re-awakening of the earth and a harvest of early, tender sprouts and fungi, my favorites being fiddlehead ferns and morels ... but, alas, that is still a little ways off.

Winter is the least generous season, the great leveller. Outside nature is harsh and barren but inside there is comfort and welcoming warmth.

February is a dreary month, if it were not the precursor of spring, it would be the most depressing month of the year. People have always looked for tokens of light and springtime, February 2 is Candlemas Day, which Catholics celebrate with a candlelit mass. English farmers believed that if there were clear skies on Candlemas Day, that betokened six more weeks of bad weather. The same with the Pennsylvania Dutch holiday, Groundhog Day. If the groundhog sees his shadow on February 2, we are told to expect six more weeks of winter.

February takes its name from the Latin *februare*, "to purify." The Romans held a purification rite in February, which preceded the Christian Lenten season. Lent is a forty-day period of fasting and repentance to commemorate Jesus' six-week fast in the desert. The fast officially begins on Ash Wednesday, and for centuries, Christendom has indulged itself in a pre Lenten bash, *carne vale*, the "farewell to meat." The origin of the word *carnival*. The revels reached a crescendo on Shrove Tuesday, better known by its French name, Mardi Gras. (The former taken from the Old English verb *shriven*, "to confess"; the latter literally means "Fat Tuesday.")

February is also the season for love, its name is associated with Faunus, the goat legged god of fertility. The Romans held a festival of fertility called Lupercalia. When the Christians took over, they transformed

Lupercalia into St. Valentine's Day.

During winter in the north, we have root vegetables, winter squash, and a lot of members of the cabbage family, in the Southern Hemisphere, February is a summer month and with the ease and speed of modern transport we can enjoy their vegetables and exotic fruits.

While nature sleeps, preparing for the new Spring, we gather and enjoy and do the giving ourselves. Please enjoy our Carrot Cake recipe that is used at **BRANCHES**:

### Carrot Coconut Cake

- 2 cups flour
- 2 1/2 teaspoons baking soda
- 2 teaspoons cinnamon
- 1 teaspoon salt
- 1 cup oil
- 2 cups sugar
- 1 can (8 oz.) crushed pineapple
- 2 cups grated carrots
- 1 1/4 cups shredded coconut
- 1/2 cup chopped nuts

Combine flour, baking soda, cinnamon and salt. Beat oil, sugar and eggs until well blended. Add flour mixture and beat until smooth. Add undrained pineapple, carrots, coconut and nuts. Pour into greased 9 or 10 inch spring form pan. Bake at 350 degrees F. for about 1 hour and 10 minutes or until cake tester comes out clean. Cool in pan 10 minutes, remove from pan and finish cooling on rack.

### Cream Cheese Frosting

Cream 3 oz. cream cheese with 1/4 cup butter. Alternately add 3 cups sifted confectioners sugar, 1 tablespoon milk and 1/2 teaspoon vanilla. Beat until smooth. Frost cake, coat sides with 1/2 cup toasted coconut. Makes 2 1/2 cups.

Stephen Ast is Executive Chef of **BRANCHES** on East Shore Drive in Lansing.

## 4-H Seeking Adult Area Liaison Volunteers

Cooperative Extension is looking for adult volunteers with some knowledge of the 4-H program to serve as a liaison between the 4-H office and local 4-H clubs. Experience as a club or project leader and the ability to communicate with adults and youth are recommended.

Liaisons provide information and sup-

port to 4-H club leaders through visits and/or phone calls. Area leaders meet as a group thrice yearly to gather information and share concerns.

For a complete job description, call 4-H Youth Development Extension Educator JoAnne Baldini at 272-2292, Monday through Friday from 8:30 am to 4:30 pm.

# FREE READER CLASSIFIEDS IN FEBRUARY

For Residents Of Cayuga Heights, Lansing, King Ferry and Genoa

**1930's STYLE GAS STOVES** - Yellow "Detroit jewel" \$80; Green "Magic Chef" \$50; 533-7312 CLASSICS! (tfn)

**PROFESSIONAL PHOTOGRAPHER & VIDEOGRAPHER** - Weddings, sports, commercial, portfolios. It is possible to get the benefit of international experience at quite reasonable cost. Ram Seetharam 272-4363

**PAINTING** - Interior and Exterior work. 10 Years of experience. Have it done right the first time. Call. T. Mann at 273-9087. (tfn)

**4 TIRES** - Michelin P215/75R15 very good condition. \$50 533-4321 (tfn)

**HANDYMAN JIM** - Whatever your needs around the house, I can combine a serious work ethic with talented hands at a reasonable price. Call Jim Semp at 533-4727. (tfn)

**JASMINE VALENTINE CELEBRATION WEEK** at Baker's Acres of North Lansing Feb. 8-14. 15% off on Jasmine hanging baskets in the greenhouse. 1106 Auburn Road. 533-4653.

**LOOKING TO RENT** Professional looking for house or apartment to rent near Lansing School. Prefer close to lake. Leave message 533-7925.

**HELP NEEDED** - Make your tax deductible donation today! Used 386/486/Pentium PC's are needed to upgrade computing facilities for students at the Buckley Elementary School. For more information, call Barbara J. Bills, Board Member, Lansing Central Schools, at 257-4496 or 533-4183. (2/27)

**DO YOU RUN OUT OF MONEY BEFORE YOU RUN OUT OF MONTH?** - Turn the tables with extra income from interesting part-time work. we show you how. Phone for an appointment at (607) 773-5348. (2/20)

**I WILL WAIT FOR YOU!** Can't be home when the repair person, plumber or electrician needs to get in? I will let them in and wait until the job is done. Marc's Waiting Service. 272-8329

**PART-TIME SALES** - Each week, the Lansing Community News must decide which interesting news and feature articles to leave out of the paper because we don't yet have enough advertising to go to 12 pages. If you'd like to see your newspaper grow while earning **generous commissions**, consider part-time advertising sales right here in Lansing and adjoining towns. Because we can design a flexible work schedule that matches your needs, this job may be perfect for high school students, mothers with school-aged children and retirees who'd like having a professional activity. Transportation is required. For further information, call Matthew at 533-7963.

**WANT TO IMPROVE** the quality of your tap water? If you do, we have a pure and simple answer. . . the AMWAY<sup>®</sup> water Treatment system. Effectively removes lead and more than 100 priority pollutants. These contaminants are not necessarily in your water. For information or a demonstration, call your Amway distributors Andrew Aasen at 533-4739. (2/27)

**CHAPARRAL Model 2150-XL** - 21 FOOT INBOARD/ OUTBOARD with Shorelander trailer. Cuddy cabin, 350 magnum engine with low hours. A very fast sporting boat, it's perfect for water skiing, but there's also enough space to comfortably sleep two. Books at \$13,500, but cash price is negotiable. 533-8607. (2/27)

**JASMINE VALENTINE CELEBRATION WEEK** at Country Antiques & Gifts at The Lodge at Bakers Acres, Feb. 8-16, Special discounts on selected items. (See display ad below) 533-9110

**TABLE SAW** - Black & Decker 8-inch, 1 h.p. induction motor table saw. Not a professional carpenter's bread and butter saw, but just right for jobs around the house. \$125 533-7963.

**SPCA ADOPTIONS** - we have too many deserving cats and dogs. adopt a companion for life. 257-1822

## CLASSIFIED AD FORM

Classifieds are FREE IN FEBRUARY for residents of Lansing, Cayuga Heights, King Ferry and Genoa. Others pay only \$4.00 for 10 words or less. Additional words are 20 cents. Call 533-7963 or mail your ad to the

Lansing Community News, 204 Wilson Road, Lansing, NY 14882-9065

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# Business & Professional Directory

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\$9.75 Men's Haircuts  
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**MORAVEC CONSTRUCTION**



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John Moravec John Manuel

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**COUNTRY ANTIQUES & GIFTS**  
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**10-50 % OFF**  
Selected Antiques and Gifts (Feb. 8-16)

**15 % OFF**  
Jasmine Hanging Baskets at the Greenhouse (Feb. 8-14)

**Antique Shop Hours**  
Tues.-Sat. 10:30 - 5:00  
Sunday 11:00 - 5:00



1114 Auburn Rd. Rte. 34 - No. Lansing  
533-9110

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**Advertising Attracts Attention**



Advertising Attracts Attention

**Lakebreeze Pizzeria**



2035 E. Shore Dr.  
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**533-3552**

Pizza, Wings, Subs, Salads

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T-Th 3:30 - 9:00  
F-Sat 3:30 - 10:00  
Sun 3:30 - 8:00

**PHOTO USA**



**ONE-HOUR COLOR PRINTS**

Trihammer Mall  
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257-4888

**COLLINS GARBAGE SERVICE**



COLLINS GARBAGE SERVICE