



SUMMER TREATS - Beginning this spring, the entire Darling family will pitch in offering snacks and light meals at Myers Park concession stand to all who crave them.

Town Recreation Dept. Leases Myers Park Concession Stand

For the first time in many years, the concession stand will be open at Myers Park. Following negotiations, the town has contracted with Bob and Michelle Darling, of McLean, to operate a full-service concession stand beginning no later than May.

The Darling family (including children Rochelle, 16, Nicole, 12, Kyle, 11, Travis, 9, and Michaela, 5) is already familiar with Lansing. They not only operated their mobile concession stand at the town ball fields on the Auburn Road last summer but also served food at Moore's Tree Farm, the Myers fishing derby and at a benefit trail ride for Chad Bush.

"Lansing's always been very supportive," said Michelle, "and we're all looking forward to pitching in at Myers Park."

The Darling family is already renovating the concession stand and plans to build an additional sheltered patio for protected outdoor meals on the lakeview side of the concession pavilion. "The whole area will be freshly painted and attractive," said Bob.

While many of the prepared foods (chili, baked goods and salads) will be prepared at their Roto's Bakery commissary in Groton, there's some talk of moving the special donut machine to Myers Park so the warm smell of fresh donuts will waft across the green lawns.

With any luck, the Darlings hope to be in business for the opening of the fishing season. They'll also continue to serve up at the ball fields and will have the mobile concession stand available for special events.

Baseball and Softball Equipment Needed Now

By Steve Colt

The Lansing Recreation Department is currently calling for any LBP (Lansing Baseball program) and LSP (Lansing Softball program) equipment from past seasons to be turned in now. Specifically, the department needs any softball or baseball pants, stirrups, and coaches' bags of equipment, especially practice baseballs.

Pre-season inventories are currently taking place to get ready for packing equipment bags for the 1997 season. An accurate inventory is necessary so we do not have to

make unneeded equipment purchases and to allow us to stay within our budget.

Anyone with equipment is requested to drop it off at the Town Hall between 8:00 am and 4:00 pm, Monday through Thursday and from 8:00 am to noon on Friday.

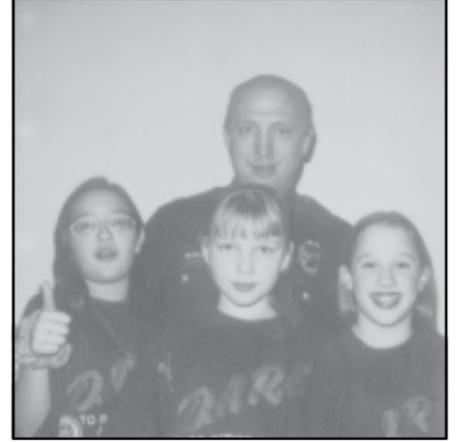
Northeast 5th Grade Students DARE To Defy Substance Abuse

Last week's graduating crop of 28 Northeast Elementary 5th graders brings to nearly 2,000 the number of youngsters that Cayuga Heights police officer Kenneth Lansing has cultivated in techniques to avoid alcohol and drug abuse through the D.A.R.E. program over the last seven years.

Developed in California as a cooperative program between schools and law enforcement agencies, the D.A.R.E. (Drug Abuse Resistance Education) program is now recognized as an official health curriculum by the NYS Education Department.

"The program targets 5th and 6th grade students to 'innoculate' them to circumstances they may find in middle schools," explained Lansing. Lansing teaches the program in the Cayuga Heights, Northeast and Trumansburg elementary schools. Another program for 8th and 9th graders going into high school will likely debut in Tompkins County next year, he said.

The youngsters in Quinn Newton's class met with "Officer Ken," as he's known, for



THUMBS UP! - Officer Ken Lansing of the Cayuga Heights PD congratulates Northeast School DARE essay winners Lucia Benavides Mondragon, Megan MacNeill and Stephanie Knight.

D.A.R.E. program modules also deal with combating media influence on drug use and violence and teach nonviolent ways to deal with anger and disagreement. Most of all, said Lansing, "We want to help kids make good decisions about risky behavior." To do this, he helps students learn the decision-making process in evaluating the consequences of various behaviors.

Not every one of the 2,000 students he's taught has avoided substance abuse involvement, Lansing admits, but a few setbacks are no reason to stop trying. He's convinced that the vast majority of his students not only gained the technical knowledge about substance abuse but also learned to 'take a stand' if and when they're pressured to try drugs.

"The D.A.R.E. program alone won't end the drug and alcohol problem," said Lansing, "but it is an 'arrow' in the 'quiver' of messages we need to communicate consistently at home, in school and in public."



about an hour a week for 17 weeks. Using an activity notebook crammed with cartoons, puzzles and lots of role-playing games, the youngsters follow a light-hearted but carefully designed curriculum to learn about the physical and emotional consequences of substance abuse.

As the weeks progress, the children learn about the effects of mind-altering drugs, the consequences of using tobacco, alcohol and marijuana, how to resist different types of peer pressure and how to recognize positive qualities in themselves so they won't feel the need or desire to use drugs.

Defensive Driving Course

A defensive driving course giving basic concepts of accident prevention will begin at BOCES this Saturday. Successful completion of the six hour course can remove up to 4 points from your driving record and cut liability and collision insurance by 10 percent. For information or to register, call B.O.C.E.S. at 257-1561.

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LANSING SCHOOL LUNCH MENU					
(All Meals Include Fruit, Vegetables, Juice & Milk)					
	Monday	Tuesday	Wednesday	Thursday	Friday
February 3-7	Tacos Cheese	Chicken Nuggets	Shaved Ham sub Sloppy Joe on Bun Hot Dog on Bun Chili Dogs (MS/HS)	Bologna Sand. (ES) Cheese Pizza (ES) French Bread Pizza (MS/HS)	Grilled Cheese
February 10-14	Spaghetti w/ Meat Sauce Vegetarian Spaghetti Hot Dog on Bun	Chicken Patty on Bun Italian Sausage Link	Hamburger on Bun Cheese Bagel	Cheese Pizza Ham Sub	Sweetheart Chicken Nuggests w/ Rice & Gravy Tuna Sub

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